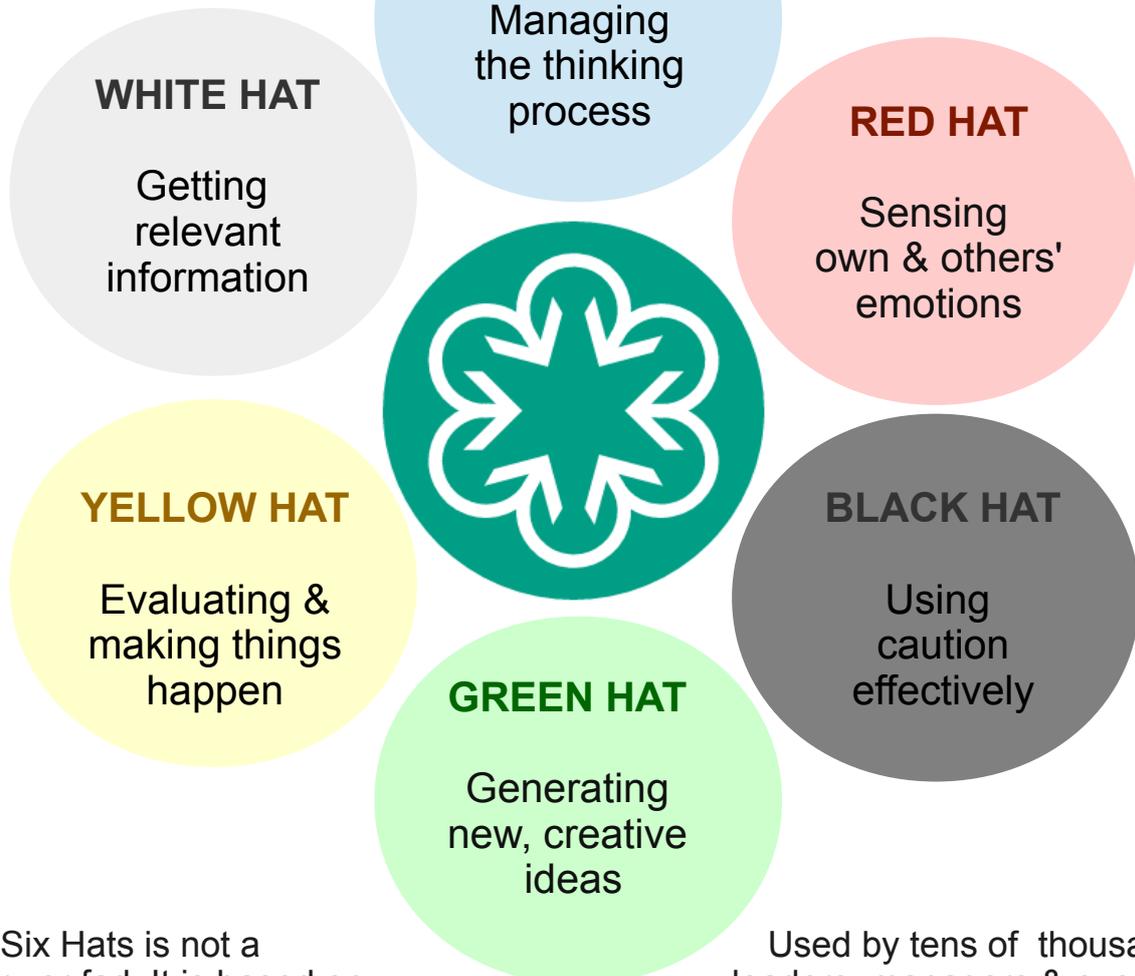


# SIX THINKING HATS®

Are you in control of your thoughts?  
Do you make sound judgments?  
How good are your decisions?  
Is your thinking balanced?  
Can you think faster?  
Does your team think together...

The Six Thinking Hats helps you to

- Understand yourself and others
- Manage your thinking process
- Ease working relationships
- Reduce time at meetings
- Think quickly & clearly
- Make good decisions



The Six Hats is not a theory or fad. It is based on empirical research on how your brain actually works. You are using one of the hats when you think, whether you realise it or not. It is better for you to be aware, and to manage your own thinking.

Used by tens of thousands of leaders, managers & executives globally for over three decades, the Six Hats is a time-tested thinking tool. Use it to choose the type of thinking that leads you to the results you want. The Six Hats - fast, simple, effective.



**Edward de Bono Training Pte Ltd**

*A Subsidiary of Thinking Management Techniques Pte Ltd*

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## SIX THINKING HATS® Course Outline

### Why you should attend

Most thinking is chaotic. We entertain different thoughts in random order. With no structure to our thinking, we make poor decisions. Improve your thinking process so all this does not happen.

- Understand your thinking habits
- Control the way you think
- Make decisions systematically
- Understand others' thinking styles
- Get along better with others

### What you will learn

Identify and differentiate between the six different modes of thinking. Know what mode you and others are using at any given time. Control your thoughts instead of letting them control you.

- Maintain objectivity in emotive issues
- Use logic to evaluate options
- Tap on intuition in making decisions
- Manage negativity to enhance teamwork
- Draw out creativity in team members
- Reach effective decisions in less time

### How you will learn

Thinking is a skill, just like tennis. You cannot learn a skill by merely reading about or watching it. You have to practise the skill yourself and get feedback from a trained professional.

- Presentation of each Hat in sequence
- Examples of how the Hats are used
- Hands-on practice for each Hat
- Group discussions to learn from others
- Feedback on how to improve your thinking

### Who should attend

The Six Hats is simple enough for a 7 year old to learn, and effective enough for Nobel laureates and CEOs to use. Everyone who needs to think can benefit from this course.

- Managers who lead teams
- Facilitators of team meetings
- Team members who attend meetings
- Executives who need to make decisions
- Individuals who want to improve thinking