# SIX THINKING HATS®

Are you in control of your thoughts?
Do you make sound judgments?
How good are your decisions?
Is your thinking balanced?
Can you think faster?
Does your team
think together...

## **BLUE HAT**

Managing the thinking process

The Six Thinking Hats helps you to

- Understand yourself and others
  - Manage your thinking process
    - Ease working relationships
      - Reduce time at meetings
        - Think quickly & clearly
        - Make good decisions

# WHITE HAT

Getting relevant information

## **YELLOW HAT**

Evaluating & making things happen



# **GREEN HAT**

Generating new, creative ideas

#### **RED HAT**

Sensing own & others' emotions

#### **BLACK HAT**

Using caution effectively

The Six Hats is not a theory or fad. It is based on empirical research on how your brain actually works. You are using one of the hats when you think, whether you realise it or not. It is better for you to be aware, and to manage your own thinking.

Used by tens of thousands of leaders, managers & executives globally for over three decades, the Six Hats is a time-tested thinking tool. Use it to choose the type of thinking that leads you to the results you want. The Six Hats - fast, simple, effective.





# Edward de Bono Training Pte Ltd

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